



**SAN ACADEMY,
PALLIKARANAI**

MONTHLY NEWSLETTER



JULY'22

ISSUE: 7

VOLUME: 3



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HANDS ON ACTIVITIES

7.7.2022

Hands on activities teaches the students to rely more on evidence (observed data), encourages them to think independently, and lets students to discuss, investigate, create, and discover new and innovative ideas with respect to the subject and also the environment. As a part of the learning process, class 7 students with respect to science subject had an exceptional platform to learn about the modes of nutrition in animals and specifically the nutrition in advanced species, Human beings. Students imbibed the digestion process in Human beings by practicing the diagram of Human Digestive System.



Students of class 6th drew the important parallels and heat zones in A4 sheet and coloured them with patterns and labelled them. Questions and quiz was conducted.



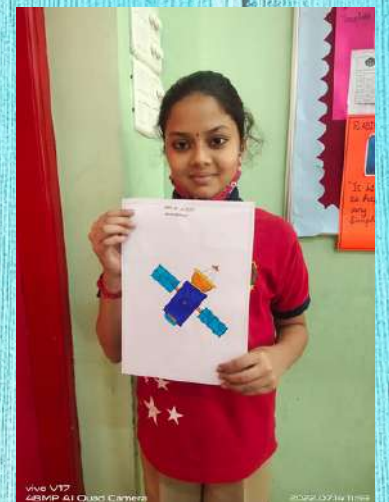
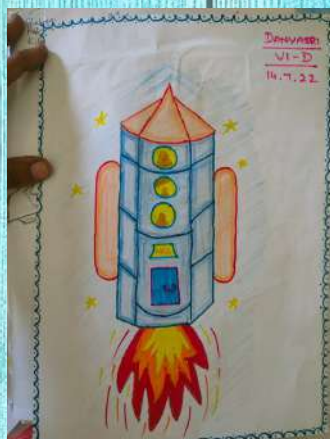
Students of Class 8th are to understand, the Addition of Algebraic Expression:

1. The activity started with two expressions and the color PAPER.
2. students, paired themselves and made small tiles on the color paper that represented the values.
3. According to the expression they pasted the small tiles into the A4 sheet and found the answer.



அறிவியல் தொழில்நுட்பங்கள் பற்றி அறிதல். செயற்கைக்கோளின் பயன்களை அறிதல். தமிழ் மொழியில் அறிவியலின் பங்கை பற்றி அறிதல்:

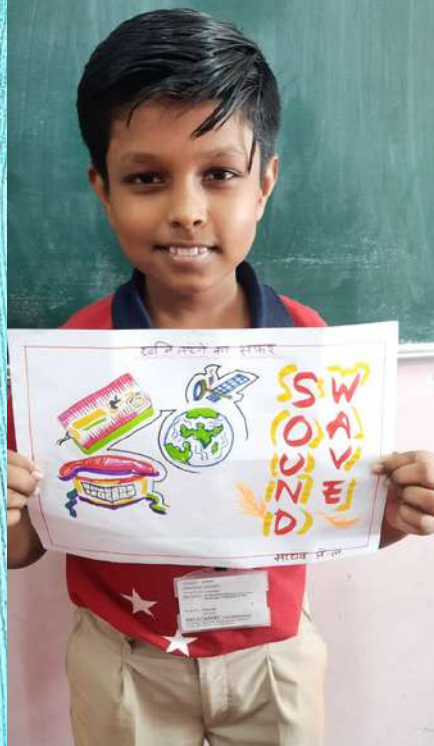
1957 ஆம் ஆண்டு சோவியத் ஒன்றியத்தால் ஸ்புட்னிக் 1 என்கின்ற முதல் செயற்கைக்கோள் விண்வெளியில் செலுத்தப்பட்டது. 2009 ஆம் ஆண்டுக்குள் விண்வெளியில் பூமியை சுற்றி இருக்கும் கோளப்பாதையில் ஆயிரக்கணக்கான செயற்கைக்கோள்கள் செலுத்தப்பட்டன. 50 நாடுகளின் செயற்கைக்கோள்கள் இதுவரை விண்வெளியில் செலுத்தப்பட்டிருந்தாலும், அவற்றை வானில் செலுத்தும் ஆற்றல் பத்து நாடுகளுக்கு மட்டுமே இதுவரை உள்ளது. ஒரு சில நூறு செயற்கைக்கோள்கள் மட்டும் தான் தற்போது பயன்பாட்டில் உள்ளன. மற்றவை, முழுதான் செயற்கைக்கோள்களாகவோ, அல்லது ஆயிரக்கணக்கான சிறு சிறு துண்டங்களாகவோ உபயோகமே இல்லாமல் விண்வெளியில் பூமியின் கோளப்பாதையை சுற்றி வருகின்றன. இவற்றுக்கு விண்வெளிக் குப்பை என்ற பெயரும் உண்டு. மற்றப் பொருள் திணிவுகளுக்கு அருகில் கோளப்பாதையில் செலுத்தப்படுகின்ற விண்வெளி ஊடுருவிகள், நிலா, செவ்வாய் கிரகம், வெள்ளி கிரகம், சனி கிரகம் மற்றும் வியாழன் கிரகத்திற்கு செயற்கைக் கோளாக மாறுகின்றன.



बच्चों की विज्ञान के प्रति रुचि बढ़ाना !

इस गतिविधि का उद्देश्य बच्चों को 'ध्वनि तरंग' के इतिहास से परिचित कराना था। तथा देसी - विदेशी वैज्ञानिकों तथा उनके अविष्कार के बारे में जानकारी प्रदान करना था ।

बच्चों को ध्वनि तरंगों का सफ़र पाठ के आधार पर ऐसे उपकरण का चित्र बनाना तथा जिससे ध्वनि तरंग जाती हो । बच्चों को अपने कौशल का प्रयोग करके इस गतिविधि को पूरा करना था। बहुत सारे बच्चों ने अलग-अलग उपकरणों का चित्र बनाया । जैसे- मोबाइल फोन, लैपटाप तथा हेड फोन आदि। बच्च



STUDENTS WILL BE ABLE TO NUMBER OF VIBRATION IS PROPORTIONAL TO QUALITY OF SOUND

STUDENTS OF CLASS 8TH WERE ASKED TO BRING VARIOUS MATERIAL'S AND MADE TO DO ACTIVITIES LIKE TOY PHONE PAPER WHISTLE AND JALATHARANG.



Puppet making was conducted for class 2-EVS based on lesson-6 DOMESTIC ANIMALS.

Students enjoyed doing puppets on their own also learnt more about domestic animals-features, habitat and products got from them and the differences between wild and domestic animals.



Happy Nature : Hands on activity helps the students to think independently and develops creativity in writing and drawing in the learning process. the student mind grow and learn based on the experiences and the environment they are exposed to. With help of hands on Activity class 6 students understood Nature has inspired not only poets and writers but also the common man. Life on earth is only possible because of nature, and it is now our duty to safeguard it.



NATIONAL SCUD DAY

8.7.2022

Students of class 11A put up a special assembly on the theme of National Scud Day on July 8th. The assembly was mastered by Ms. Sai Pragna began with the Tamil Thai vazhthu by the Choir. A pledge to Live a TENSION-FREE life was taken by all and was headed by Ms. Pradeepa P. This was highlighted by a session by Ms. AALIYAH Marisa, on how Relaxation and humor are good for mental and physical well-being. On the same note, Mr. Chaitanya took to the stage to relax the crowd with a few jokes. The principal of San Academy Pallikaranai, Ms. Hemalatha Sooryanarayanan then gave her words of wisdom and addressed all three sections of THE 11th. The assembly concluded with the National anthem, headed by the 11A choir.



SWACHH WOW CLUB

9.7.2022



SAN Academy proudly launched **WOW SWACHH CLUB**, an **INTERSCHOOL RECYCLING CHAMPIONSHIP**.

contributor to environmental protection and achieving swachh Tamilnadu.

The club is all about gathering all the old notebooks, textbooks, exam papers, old newspapers, waste papers, and dry waste, and exchanging them with new notebooks and stationery.

WOW
INTER SCHOOL RECYCLING CHAMPIONSHIP
For School Swachh & Green
Come Join Swachh WOW Club

Contribute for environmental protection and achieve Swachh Tamilnadu - Swachh Bharath

Gather all the old notebooks & textbooks, exam papers, old newspapers, waste papers & dry waste you can find at your home, bring it to your school with the help of your parents to exchange with new note books and stationery.

GIVE
Old Notebooks
Old Textbooks
Old Newspapers
Dry Waste

WIN
Recycling
Championship Trophy & Medal

TAKE
New Notebooks
& Stationery
Appreciation Certificate
and Protect Environment

Hurry up!
Championship Starts Now

VENUE : Main Block Academic Tent.
DATE : 09.07.2022
TIME : 9am - 2pm (I - XII)
HELP LINE NO.: 9944015467 & 805651666
TIME: 10:00 AM TO 5:00 PM

CLASSMATE
Make India SWACHH & Green Join

PROGRAM IMPLEMENTED BY
E SREE FOUNDATION



We can make our country beautiful by being in the Swachh Bharat mission, we can achieve something fruitful

CORBEVAX VACCINATION DRIVE

9.7.2022

San Academy was taken an initiative to organize a vaccination camp for students. Today (09.07.2022) we had a vaccination camp for Class VII and Class VIII students. 35 students from Classes VII to VIII took their first dose of vaccination and 25 Students from Classes VII to VIII took their second dose of vaccination.

Vaccine details: Corbevax (Protein subunit)
Manufacturer/developer: Biological E. Limited

“It's important for children to be vaccinated so that they have the opportunity to become adults.”

“Trust science, help each other, respect the rules, and get vaccinated



NO BAG DAY

9.7.2022

Students were able to appreciate the new things they learnt.

The students of standards 1-5, participated with enthusiasm in all the events, of the day. Students learned new vocabulary words in English, Tamil and Hindi. The students intently listened to the story, told by the teacher. They also participated eagerly in craft corner session. The students, not only enjoyed but also learnt many things, on NO BAG DAY'



23.7.2022

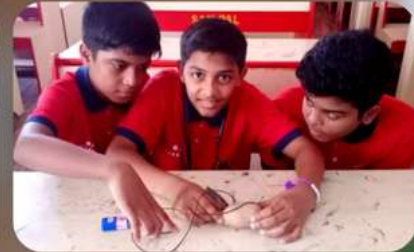
ELECTRICAL & ELECTRONICS TECHNOLOGY

Resource person: Ms.Priyadarshini

The session with the recap of electric current and electric circuit. Resource person showed video of types of electric current. The following points discussed are We are aware that current is referred to as the flow of electrons. There are mainly two types of current, and they are direct current (DC) and alternating current (AC). The direct current flows in one direction, while the alternating current flows in two directions. The current supplied to our homes, and local utility is alternating current. Dc currents are used in batteries and household electronics. We have various types of current that are used in everyday activities. many things, on NO BAG DAY'



SAN ACADEMY Electrical & Electronics Technology



23 - 07 - 2022

KARUNA CLUB

MAKING BIRDS NEST USING ECO FRIENDLY MATERIALS

Students of Classes 6, 7 and 8 students participated in Karuna club birds nest making activity. This hands-on activity will give student lots of opportunities to develop their creative and analytical thinking whilst engaging with Nature and learning about the natural wildlife around them



The compassion for animals is intimately connected with goodness of character and it may be confidently asserted that he who is cruel to animals cannot be a good human...,

Be kind to everything that lives.,

HORTICULTURE

Resource person: MR.SHANKAR

School gardens are a natural and effective use of the schoolyard as an experiential, cross-curricular classroom; reconnecting students with nature and cultivating in them a connection to their food. Your garden will teach them skills that integrate with several subjects.



Our SAN students of Classes VI to VIII explored how to grow plants with less water from our gardener Mr.Shankar, He also showed the saplings to the kids which made them more attractive and passionate about growing plants.

The plants he showed to the children are fenugreek lettuce, mustard lettuce, garlic, onion etc.,,,

FOOD PROCESSING

Resource person: Ms. Uma maheswari

HOW TO PREPARE CARROT JUICE AND FRUIT SALAD

Food Processing is the process of transforming food items into a form that can be used. Various activities covered in this process are mincing, cooking, canning, liquefaction, pickling, macerating, and emulsification. Today our Sanites prepared Carrot juice and Fruit salad.

Children enjoyed preparing it and learned the Fibre content of the same.



DESIGN THINKING

Developing their creativity

To make puppet out of reusable materials



The design thinking program aims in moulding students' creativity and makes them people-centered problem solvers. As a part of the Design Thinking - Innovation Ambassador program for class 6, students of class 6 were given the opportunity to make puppets out of reusable materials. Using the puppets made by them, they will be performing a puppet show based on a story drafted by them.



BSG RAJAPURASHKAR PRE-TEST CAMP

8.7.2022 & 9.7.2022

CHIEF GUEST: DR.C.L.MEHTA

**RESOURCE PERSON: MR.K.KAMALAKANNAN,
LT.Scout, SOC BHARAT SCOUTS, AND GUIDES,
CHENNAI CITY.**

Venue : DBJain College Thoraipakkam.

CBSE organized 2 days of Rajya Puraskar Pre-Testing Camp' for scouts and guides of Chennai South Region, in which 2 Scouts and 1 guide of San Valiants participated. Two days' camp life, which was full of adventures, was worth six months of theoretical teaching. It was noteworthy that the scouts and guides came from different PARTS of THE Chennai region and worked together as a unit.

On THE occasion of the grand Camp Fire held ON the evening of 08-07-2022, all scots and guides were able to perform their talents, and LOC- blessed them that they would show their ability in the upcoming Camp Scouts and Guides went through a rigorous test to earn their place for the Rashtrapati award which is the highest award for Bharat Scout & Guides (BS&G).

The camp provided a great platform to students to show their skills and to excel in the activities of their choice. Students were made aware of internal endurance and how to become a great leader and a valuable citizen. On 9th evening 5pm scouts and guides got dispersed



INAUGURATION OF POCSO COMMITTEE 11.7.2022

RESOURCE PERSON: DR. RAJENDRAN

POCSO COMMITTEE INAUGURAL CEREMONY took place today morning (11.07.2022) in San academy pallikarnai branch at the conference Hall. The committee has been formed to provide a safe environment. The meeting started with a welcome Note by Ms. Mohana Priya, Psychologist and Student Councilor, followed by Ms. Padmini Baskar a special educator and a student counselor who addressed the members about the significance of the committee, procedures guidelines, and protocols to be framed and implemented. Mrs. Hemalatha Sooryanarayana The Principal, addressed the members that the Annexure highlighting safety rules will be circulated and signed by each employee which makes them aware of their duties and responsibilities in this regard. The principal added that Bus drivers, support staff and attenders' representatives should be trained and educated in this regard as they are the ground staff and also transport is vulnerable to such activities. By doing so they will be alert and vigilant. Dr. Rajendran expressed his view that this should be preventive and nibbled the buds so that it will stop from being curative.



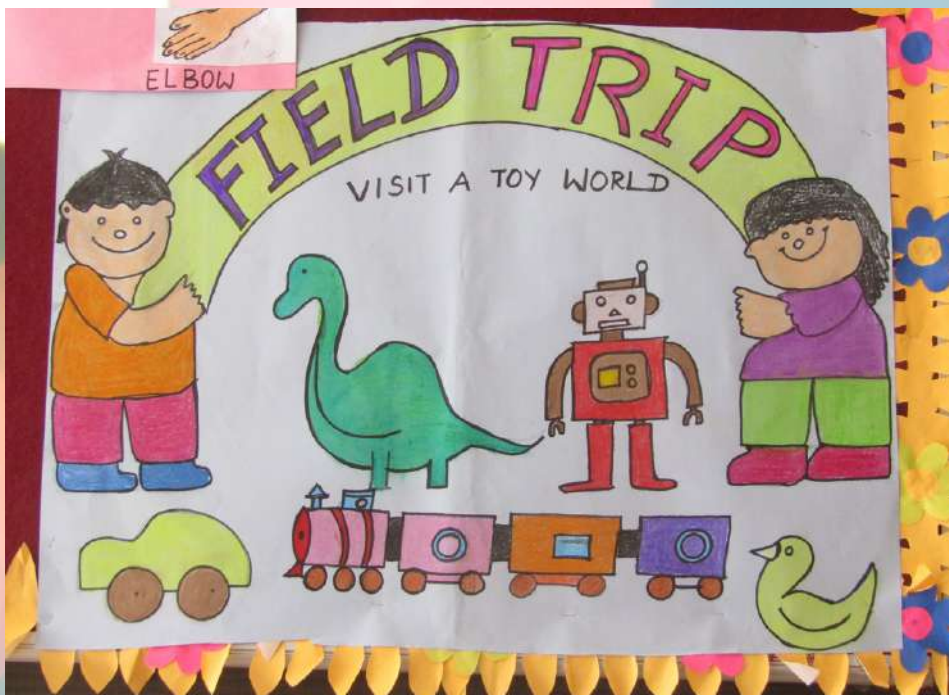
11-07-2022

FIELD TRIP

12.7.2022

VENUE: CHEEKY MONKEY TOY SHOP,
GRAND MALL

One of fondest childhood memories is going to the toy store . The anticipation of the visit, dreaming up lists of what to buy and the sight of shelves filled with toys upon toys, at the actual visit, are cherished childhood experiences. San Academy Pallikaranai nursery tiny tots enjoyed visiting a toy shop for their field trip to grand mall at Velachery. Toys are more than just fun and games for children. The children were excited to watch the different toys and the way they work. The toys were so appealing to their eyes but yet kids maintained distance from it. They pointed out the colour, names and sounds of few toys. The best toys always engage a child's senses, spark their imagination and encourage them to interact with others.



VENUE: FIRE STATION, GUINDY

DATE: 12.7.2022

Firefighters are dependable members of the community who assist in a wider range of situations than we might expect. They are rescuers, community leaders, social support, and role models. They can be there to help in all kinds of emergency and non-emergency situations. Students of Jr. Kg were taken on a short and informative virtual trip to fire station, in order make them understand the importance of community helpers in our lives, to extend their knowledge of firefighters. Our tiny tots were briefed by the officers on how to contact the fire authorities in case of an emergency by dialling 101. Children were also educated on the ways that can be used for dousing the fire i.e. covering the area with a blanket, or putting sand over the affected area. Lastly, students were made to visit the vehicles firemen used during the state of emergency. This outbound trip gave students an idea about what to do and how important it is to use their presence of mind when a crisis situation like this occurs. Their day aimed at learning about the duties of firefighters and also to get fire safety tips such as: • Not to play with matches • To avoid burning things • To avoid playing with electrical appliances. It was a fun-filled, informative learning which the children can use to associate with their immediate environment.



VENUE: PINK FITNESS CENTRE

DATE: 13.7.2022

Exercise is defined as being physically active and working our body at a greater intensity than normal, exercise raises our heart rate and body temperature and works our muscles too. As well as being active we should also be trying to ensure our children are eating healthy, if not exercise could be less effective. Keeping the essence of fitness among the children , Sr. Kg. kids as part of the theme “our body system” visited Fitness centre during the session. The little learners were briefed the importance of being fit and active at the early age. Various equipment’s and machines were explained to the kids, how each one serve to fitness. The instructor briefed regular exercise provides these benefits, strong muscles and bones. healthy weight, decreased risk of developing type 2 diabetes, better sleep and a better outlook on life. Physically active kids also are more likely to be motivated, focused, and successful in school. And mastering physical skills builds confidence at every age. There's a lot to gain from regular physical activity, Choosing the right activities for a child's age, otherwise the child may be bored or frustrated. Giving kids plenty of opportunity to be active: Kids need elders to make activity easy by providing equipment, signing them up for classes or sports teams, and taking them to playgrounds and other active spots



INTRA COMPETITION

DATE: 13.7.2022

"God respects me when I work, but he loves me when I sing", Our sanites participated in Intra competition month on month in various genres, this month it is a singing forum.

In the exhibited their singing talent by performing challenging patriotic songs and folk songs which were amazing and fruitful when listening to.

Nearly 1000 students of Std 1 to 10, eagerly participated in the patriotic singing competition. patriotism filled the room and students were proud to sing praise on their motherland. Students sang patriotic songs in different genres. The competition became tough, tougher to toughest. Students outshone each other. The best three students', in each class were honored with certificates and medals, for their distinguished achievements.





Beauty is the realm of poetry; the students of classes III IV & V enthusiastically participated in the competition as they got an opportunity to exhibit their talent and confidence. The competition inspired the young poets to come forward and recite, The students came up with different poems on the theme “Patriotism” and recited them with great fondness and zeal for the country. They enjoyed the perfection of expression, thoughts, emotions, rhythm, and music of words, performances of the participants and the feeling of patriotism filled the air with affection and respect for the motherland.



INTRA RESULT

SAN ACADEMY GROUP OF SCHOOLS, PALLIKARANAI

INTRA RESULT - JULY 2022
LIGHT MUSIC/RECITATION - INDIVIDUAL

Event Date: 13.07.2022		1st Position		2nd Position		3rd Position		
Class & Section	Topic	Name of the Student	House	Name of the Student	House	Name of the Student	House	
CLASS I, II								
I A	Class I & Class II: Light music(Patriotic song)	ADWITHA A	AGNI	NIHARIKA PRAVEENKUMAR	AGNI	CHELVA AADITHYA M	PRITHVI	
I B		NAVYA RS	PRITHVI	VIDHUR RAM A	VAYU	DISHANI H	AGNI	
I C		SHIVANYA SRIM D	PRITHVI	ASHVIKA SUDHEEP	PRITHVI	SAI ADITHI R	AGNI	
I D		VEDA VENKATESH	AAKASH	AVYUKTH S	PRITHVI	SHASVANTH V	AGNI	
II A		HARISH P P	AAKASH	ARUDRA KARTHIK	VAYU	NTVIN MOSES N	PRITHVI	
II B		PARNIKA B	AAKASH	SAHANA K	AAKASH	SRI VARSHINI	AGNI	
II C		TRINETHRA ARAVINDRAJ	VAYU	NITHIN PRADHAN R	VAYU	RESHWANTH B	AAKASH	
II D		DEEKSHITHA K	PRITHVI	VAISHINI J	AGNI	MITHUN BASKAR	AGNI	
Event Date: 27.07.2022 CLASS III - V								
III A	Class III - V: Poetry recitation	SHRI DEEKSHA A	PRITHVI	SATHVIKA V P	PRITHVI	YASWANTHINI S N	VAYU	
III B		SETHUSWARUP S	AGNI	HARSHADH SAI E	VAYU	RITHIKA D	PRITHVI	
III C		SANA AALIYAH A	AGNI	NIRDHULA SAHASRA E	AGNI	JEEVAN RAMACHANDRAN	AGNI	
III D		SEDTHAARTH S	VAYU	SUDITH A	PRITHVI	GRAHITHA P	VAYU	
IV A		PRANAV DHASARATHAN	AAKASH	VARSHINI SHREE B	AGNI	NIKITHA R	AGNI	
IV B		SRIJANANI VENKATESH	AGNI	RIKSHITA BALAN B	AGNI	MAHATHI R	AAKASH	
IV C		MANISH N	AAKASH	SMRITHI LAKSHMI K	AAKASH	AAROOSHWARAN A	AGNI	
IV D		SAANVI N	AGNI	ANGEL MARIA	AAKASH	LAKSHAN SEYON M	AAKASH	
V A		SAMYUKTHA	AAKASH	AKSHITA	VAYU	THAARUSH	VAYU	
V B		RIDHAN V	AAKASH	JENNIFER ANNIE J	AGNI	RAKSHITHA M	AAKASH	
V C		BALABHARATHI VIVEK	AAKASH	ELLENA KENNIS JEGAZIEL	PRITHVI	CHARU NETHRA	AGNI	
V D		DARSHIKA J	AAKASH	RISHIKA K	AAKASH	SHIVAANY M	VAYU	
V E		AYUSH BHAUMIK	PRITHVI	LISHA A	PRITHVI	RITVIK S	PRITHVI	
V F		DESHNA DILIP	PRITHVI	MRUTHISHA R	AGNI	ACHYUTHAN RANGARAJAN	AAKASH	
Event Date: 13.07.2022 CLASS VI - X								
VI A			DHEEKSHA K M	AAKASH	SUBASH S	AGNI	GOWTHAM KRISHNAA K	AGNI
VI B	HIMASHREE R		PRITHVI	KANEESKA SURESHKUMAR	AAKASH	KAUSHIK KUMAR GANESH KUMAR	PRITHVI	
VI C	MANISH KARTHIKEYAN N S		VAYU	SIDDHARTH VENKAT	PRITHVI	HARINI P A	AGNI	
VI D	HEMANI SATHYANARAYANA N		AAKASH	MAITRA C	PRITHVI	HIMANSI SATHYANARAYANAN	PRITHVI	
VI E	NIYANT DEEPAK		VAYU	CHIVUKULA SRIPADA SAI	VAYU	ROSHANA B	AGNI	
VI F	Class VI - X : Light music(Folk songs)	ANANYAA V	AAKASH	ALFNA JUDE JESAL M	PRITHVI	DEEPIKA KAUSHIK	PRITHVI	
VII A		ALNA DAPHNE JESAL M	PRITHVI	AKSHARA B	AGNI	ANIRUDH KUMARAN	AGNI	
VII B		KARUNESH B	VAYU	JISHNU S	AGNI	VISHNUPRIYA A	VAYU	
VII C		SAJAN S	PRITHVI	BHAVYA J K	VAYU	DANVANTH ANAND	VAYU	
VII D		VANSHITHAA K S	AGNI	ANUSHKA SHAJEE	PRITHVI	MANASA	VAYU	
VII E		HANSIKAH SUDHEEP	PRITHVI	YAGNYA LAKSHMI S	VAYU	VARSHITHA R	VAYU	
VII F		SHASHWATHAA A	AAKASH	SATHVIK RAM A	VAYU	NEHA P	AAKASH	
VIII A		BRAHDEESH J M	PRITHVI	SUWAY LETHIKA S	AGNI	HITESH E	VAYU	
VIII B		LAKSHANA S	VAYU	VEDIKA M	PRITHVI	SAI DHYANESH S G	AGNI	
VIII C		MIRITYUNJAI M R	VAYU	HANNAH JIMSON	PRITHVI	DIVYA SREE LINGAMGUNTA	AGNI	
VIII D		SUDHAMATHI D V	VAYU	SHRUTHI RAMAKRISHNAN R	AGNI			
IX A		KESHINI K	AAKASH	KEERTHI CHAREN K P	AAKASH	RISHI ADITHYA	PRITHVI	
IX B		YAISHWANT KUBERAN	AGNI	JOSHIKA A	VAYU	PRATHIKSHA K G M	PRITHVI	
IX C		ASHWIN KUMAR	VAYU	ISHANTH SAI THOTA	AAKASH	HEMDEV	AAKASH	
X A		SOUBARNIKHA V	VAYU	AMIRDHA VARSHINI G	AAKASH			
X B		SAMBHAVI SANJANA NAGARAJAN	AAKASH, PRITHVI	DARSHINI SRI R O	AAKASH	KRISHNAN S	AAKASH	
X C		SUDHANJANAN D V	VAYU	KANISHKA A	VAYU	WAFIZA FATHIMA	PRITHVI	

BOOGIE WOOGIE DAY:

DATE: 18.7.2022

Dance helped children to develop body balance, coordination, creative thinking skills as well as learning the value of discipline and team work.

We believe that dance and music is of great significance in one's life, particularly in the lives of children. Dance, besides being a way of expression, teaches the importance of movement and fitness. It helps to develop body balance, coordination, creative thinking skills as well as learning the value of discipline and team work. Self-confidence develops as young people overcome challenges to master new goals, learning to apply themselves and accomplish any task put before them. Keeping the same in mind, San Academy provided multifarious opportunities to our nursery children to participate in dance to the music sessions which are well integrated into the curriculum. Celebrating Boogie Woogie Day with the children was a way of reinforcing the same and talking to the children about why dance is an integral part of our lives and how it helps us. The children eagerly participated in the Session conducted for them by their teachers. It was a delight to watch the children thoroughly enjoying the session with their peers and teachers shaking their body to music played. The children crafted a sound box which was so enjoyable to play with.



SPECIAL ASSEMBLY:

DATE: 12.7.2022, 19.7.2022 & 26.7.2022

The little learners of San Academy Pallikaranai Class II along with their curriculum strive to make the Planet free from plastic. The teachers explained the harmful effects of plastic as It is more expensive to recycle plastic than it is to make plastic from scratch from fossil fuels, like oil. Students of IB took pledge at the assembly that not to use plastic and shared the No to plastic slogans with their classmates.

No Plastic Slogans:

Reduce the use of plastic...

Save the Earth....

Handle with care, plastic is everywhere

Heal the planet....

Plastic waste cannot be erased. ...

Every day actions matter, choose a plastic free life....

We want evolution, not more pollution.

We say no to plastic not just on Earth day but every day...



Healthy Lunch

Samanyu Singh of Class I gave the speech on 'How Important Healthy Lunch are'. He explained the importance and how it benefits of physical and mental health. He also mentioned about balanced diet. He also gave the importance and examples of five groups of foods such as protein, whole grain, fruits, vegetables and calcium by showing the chart in detail. It was very informative. It was followed by latest news by Shathvik Prabhu. Then the assembly was ended with National Anthem.

KARGIL DIWAS DAY



Slogans:

Kargil is not a story of JUST WINNING, its a story of PAIN WITH PRIDE.....

Happy Kargil Vijay Diwas to all of us. Let's remember the sacrifice of those brave soldiers who died in the line of duty to protect our great nation. Jai Bharat! Salute to all the brave soldiers of the Indian Armed Forces who laid down their lives fighting for our nation



Students of class 1D performed a special assembly on the topic KARGIL VIJAY DIWAS DAY. Speech was told about the kargil war and the victory of the war also pledge was told which ended up with salutation to the soldiers of kargil war



ADOLESCENT PEER EDUCATION PROGRAM

DATE: 19.7.2022

A special session was conducted on 19.07.2022 in San Academy, Pallikaranai, Conference Hall from 11:30 to 12:30 a.m. for class 8 students. Peer educators conducted a very informative session in which they interacted with students about good health and the importance of nutrition and hygiene during the stage of adolescence. The session started with a welcome note and introduction to Peer Education. Peer educators conducted many activities to educate the students on the importance of a balanced diet and exercise. The session was extremely interactive and informative which grade 8 students enjoyed a lot. Peer educators explained the essentials of life in teens. They also explained that during this adolescent stage, our body changes, and all need extra nutrients to support bone growth, hormonal balancing, organ and tissue development, etc. They elucidated in detail about health and the importance of physical exercise and how to maintain good hygiene. They insisted the students lead a healthy life, we also require a balanced diet, regular exercise, and adequate rest. Peer educators also well explained the causes, effects, and strategies to reduce obesity interactively. They came up with a role-play to describe the importance of a hygienic lifestyle and they explained healthy and hygienic lifestyle gives us a fresh mindset and happiness throughout our life. The guest of honor of the session, Mrs. Sai Sudha, Headmistress of San Academy, gave an excellent and inspiring speech about health and nutrition and she also motivated the students to become an ambassador to create awareness in the surroundings. She congratulated the team of Peer Educators for their performance. Feedback was collected from the chief guest and the students, which encouraged the peer educators to move forward. The session was ended by saying a quote “Improving adolescent nutrition provides an opportunity to shape the health and well-being of this generation and the next”

Understanding the importance of Nutrition and exercise, extending the chain of awareness of health and hygiene



MEDICAL CAMP (2022-23)

DATE: 20.7.2022, 21.7.2022, 22.7.2022 & 23.7.2022

San Academy Pallikaranai arranged a health checkup for all the students from Nursery to class 12. Ms. Susai Mary Clara, the Wellness staff organized this event for four days.

In this event, eight doctors from the department of ENT, a Dental and general Physician and three nurses from Apollo Hospital, and four ophthalmology technicians from Agarwal Eye Hospital participated and rendered their service. They completed common health checkups such as height, weight, BMI, and general eye and dental checkups.

In this camp, 1993 students got benefitted and children who have vision problems and other issues were given prescriptions that were pinned up with their handbooks.

Entries have been made in the student's health cards for their future references.

Lets you be on top of your health and reduces the risk of falling ill.



SHOW & TELL

DATE: 19.7.2022

Children become inquisitive, interested, and engaged during the preschool years. They enjoy new experiences and have extensive vocabularies. At this age, Show and Tell should reflect their growing abilities to speak, ask questions, and understand others. Kids begin to listen more and take pride in their abilities. Show and Tell should encourage children to listen, follow directions, and make choices. The Jr. Kg. kids enthusiastically participated in the show tell and delivered topics such as Doctor, Teacher, Baker, Carpenter, Astronaut, Pilot, Policeman Postman, Scientist, Firefighter



Students should be able to demonstrate an understanding of listening and speaking skills for effective communication. In Kindergarten, the student must learn to speak, guide a listener to understand important ideas, describe people, places, things, and locations, increase vocabulary, speak in complete sentences, follow and create a sequence, and paraphrase what they have heard. Show and tell helps to meet these standards, and Sr. Kg kids had their show and tell activity during their session. Show-and-tell time gave children a chance to be the center of attention for a bit as he/she explained the significance of the item brought while other children showed interest and asked questions about that loved object. This positive social interaction can boost a child's self-esteem and make him feel good about himself. The little learners spoke about My body, Hair, Head, Face, Eyes, Nose, Ears, Mouth, Tongue, Importance of sense organs, Brain, Heart, Liver, Kidney, Lungs, Stomach, Skeleton system, Body care, Balanced diet with aid of posters and models.



ENGLISH LITERARY CLUB ACTIVITIES

DATE: 20.7.2022

Class 1 students participated in an English literary club activity-

Topic: Antonyms.

The word that has the exact opposite meaning of another word is its antonym. Life is full of antonyms from traffic rules stop, go to restroom doors girls and boys. Students were able to byheart and tell 5 antonyms question and answer along with their actions



Class 2 participated in the Literary Club - Moral storytelling activity, which boosts the students to improve their narrative and creativity skills, and helps to overcome stage fear.

This activity made the students learn the good ethical values like honesty, hardwork, and other important moral values



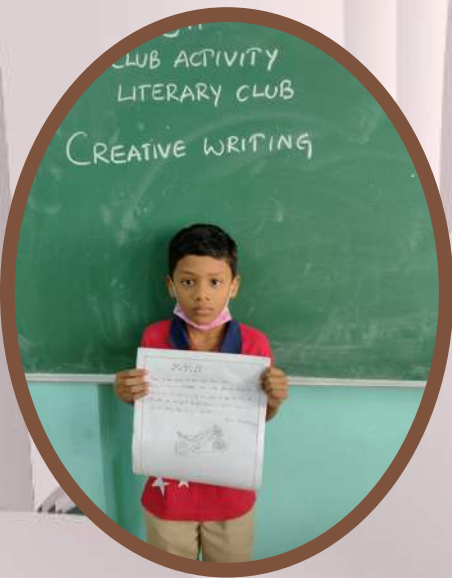
Children in grades 6 to 8 enjoyed today's literary club activity. The literary club is a paradise for thinkers, readers, and writers. It is the place where students are free to think, read and write on the topics of their interest and choice. The club is also a forum where students share their insights on politics, philosophy, spirituality, philanthropy, etc. Here are a few glimpse of today's happenings



- Children in grade 9 enjoyed today's literary club activity. The literary club activity allocated for them is Roleplay "Covid warrior", Students participated eagerly and portrait their skills. Benefits of roleplay are, Motivate and engage students.
- Enhance current teaching strategies.
- Provide real-world scenarios to help students learn
- Provide opportunities for critical observation of peers.



- As a literary club activity, students of Class 10 participated in a debate on the topic "Giving is better than receiving", --
- Debate participation promotes problem-solving and innovative thinking, and helps students to build links between words and ideas that make concepts more meaningful
- Debate students are taught to synthesize wide bodies of complex information, exercise creativity, and implement different ways of knowing



To enable students to develop sensibility towards rhythm, phonetic awareness, and memorization skills III IV & V class children done Creative writing, Essay writing & poem recitation during English literary club activity



தினமலர்- மாணவர் பதிப்பு-பட்டம்

20.7.2022

- பள்ளி மாணவர்களுக்கு இந்த வாய்ப்பினை வழங்கிய பள்ளித் தாளாளர் மற்றும் முதல்வர் அவர்களுக்கும் நன்றி.பள்ளிகளிடையே தினமலர் மாணவர் பதிப்பு நல்ல வரவேற்பைப் பெற்றுள்ள ஒரு இதழாகும்.இவ்விதழ் தமிழ் இலக்கிய இலக்கண நூல்களை எளிதாக எடுத்துரைக்கிறது(வாசிப்பு வினா).அறிவியல் சிந்தனைகளை ஆழமாக்குகிறது(வியத்தகு வேதியியல்).அகண்ட கணிதத்தை எளிதாகக் கற்பிக்கிறது(கணக்கும் இனிக்கும்,ஜாலி பஜார்).இயற்கை என்னும் விந்தையை நேசிக்கச் செய்கிறது(மண்வாசனை).பொது அறிவு சிந்தனையைத் தூண்டுகிறது(வாசிப்பு வானம்).உலகச் செய்திகளை ஒரு கைக்குள் தருகிறது(நியூஸ் ஜங்ஷன்). மாணவர்களின் பொது அறிவு சிந்தனையை வளர்க்கிறது.விளையாட்டுகளைப் பற்றியும் விளையாட்டு போட்டிகளைப் பற்றியும் விளையாட்டு துளிகள் பகுதி அழகாகத் தெரிவிக்கின்றன(ஓடி விளையாடு).செஸ் விளையாட்டின் ஒலிம்பிக் செய்தி அபாரம்.வரலாற்றைத் தோண்டி வெளிப்படுத்துகிறது(சரித்திரச்சுவடி,படக் கதை பயன் கதை). * மாணவர்களின் வாசிக்கும் ஆர்வம், கற்றல் அதிகரிக்கிறது. * ஆசிரியர்களுக்குக் கற்பித்தலில் பெருந்துணை புரிகிறது. * போட்டிகளில் பங்கு கொள்ள ஆர்வம் ஏற்படுகிறது, * போட்டித் தேர்வுகளில் பங்கு கொள்ள எளிதாகிறது



HEALTH AND HYGIENE - AN EYE OPENER

SPEAKER: Ms. Deepa sanjeev

23.7.2022

- The session commenced with the speaker asking a few questions to the participants like an ice breaker.
- The girl students in Classes were given an insight into how important a role health and hygiene play in each one's life. What are the basic hygiene factors to be considered during the menstrual cycle like
 - - Usage of the pad
 - - Disposal of pads
 - - providing mental support to peers
 - - keeping the surroundings, and restrooms clean
 - - approaching teachers for help
- They were also given information about how the regular menstrual cycle helps them for a healthy future.
- The girls could relate to their issues faced answered by them and a few asked for a remedy for the same which the speaker replied and provided them with solutions
- The girls also gave a few suggestions which the speaker agreed and also informed that she would convey the same to the school management
- A few students gave a summary on the take home from the session and expressed it well
- The session closed with quotes on health and hygiene



CAREER GUIDANCE PROGRAM - PROFESSIONAL CAREERS IN COMMERCE

CHIEF GUEST: Ms.Santhoshini and Mr.Karthikeyan,
Santhoshini commerce academy

23.7.2022

San Academy Pallikaranai organized a seminar for Grade XI and XII on 23/07/22 to educate the SANites about the importance and career growth for commerce streams in the field of Chartered Accountants.

The session started with a welcome note and was addressed by our senior secondary principal Ms. Sujatha Saravanan by the introduction of our guest of honor Ms. Santhoshini MR Chartered Accountant and Mr. Karthikeyan R chartered accountant, Director of Santhoshini commerce academy by projecting them the valuable information about the career growth in Chartered Accountant showcasing the impact on CA opportunities, benefits, and its growth to achieve a high level of income for the students of commerce streams.

The session was very much motivating and eye-opening to all of the students. A few students were raised with doubts in many fields and the queries were also clarified by the guests. The session ended up with a small memento for our guest of honors by our senior secondary principal and followed by a vote of thanks.



IIMUN (INDIA'S INTERNATIONAL MOVEMENT TO UNITE NATIONS)

29.7.2022, 30.7.2022 & 31.7.2022

Chief Guest: Admiral Robin K Dowath

IIMUN aims to empower the youth to start taking initiatives to combat global problems. The idea is to move from a classroom discussion and creating tangible change, an attempt at making a borderless world.

Students of class VIII of San Academy, Pallikaranai actively participated in IIMUN conference 2022, the Chennai chapter held in RISHS International School, Mangadu. IIMUN is a youth organization comprising 26,000 young organisers who put together student conferences in 220 cities and 35 countries and work with over 7,500 schools impacting 10 million students. At a IIMUN conference, students work as the representative of a country, organization, or person, and must solve a problem with other delegates from around the world. IIMUN teaches participant skills like research, public speaking, debating and writing skills, in addition to critical thinking, team work and leadership. The delegates of San Academy Pallikaranai, enthusiastically participated in the summit which was held from 29th July to 31st July. The opening ceremony was inaugurated on 29th July at 3 pm. Students were motivated by the vibrant speech given by various dignitaries.

Day one of the conference commenced with various agenda comprising of many committees in which the students exhibited their skills in various activities like brainstorming, debates and discussions, problem solving resolutions to several issues by getting a fair chance to express their views and opinions among other delegates. The committee was held throughout the day and ended with socials. Day two started with a Yoga session, followed by the session of committees.

Finally the day ended with closing ceremony and prize distribution. Our Sanites were awarded with best performer award and special verbal mention of INC committee.



Feedback from Our student Tejasvi 8B about her experience in IIMUN summit:

MY EXPERIENCE AT INDIA'S INTERNATIONAL MOVEMENT TO UNITE NATIONS

My experience at the Chennai Chapter of I.I.M.U.N. was a congenial one. The best part of Model United Nations has to be the people. I met so many new individuals of different age groups, ethnic identity and what not. My fellow delegates of the Indian National Congress were intriguing. I relished being able to implement many things that captivate me at once; writing, debating, researching and interacting.

I was able to challenge myself with on-the-spot speeches. I pushed myself beyond my limits when it came to working papers, Op-Eds and resolutions. My committee sessions were a spinechilling as well as feel-good experiences.

The yoga session relaxed and rejuvenated me, while the socials exhilarated me. It is peculiar that three days could help me acquire a lot of experiences, new friends, mentors and much more.

'Every new experience brings its own maturity, and a greater clarity of vision.'

- Indira Gandhi

True to this quote I found a bunch of things I am good at and a bunch of things in which I have space to improve myself.

All in all, Model UN is an experience I can't wait to get again.

TEJASVI

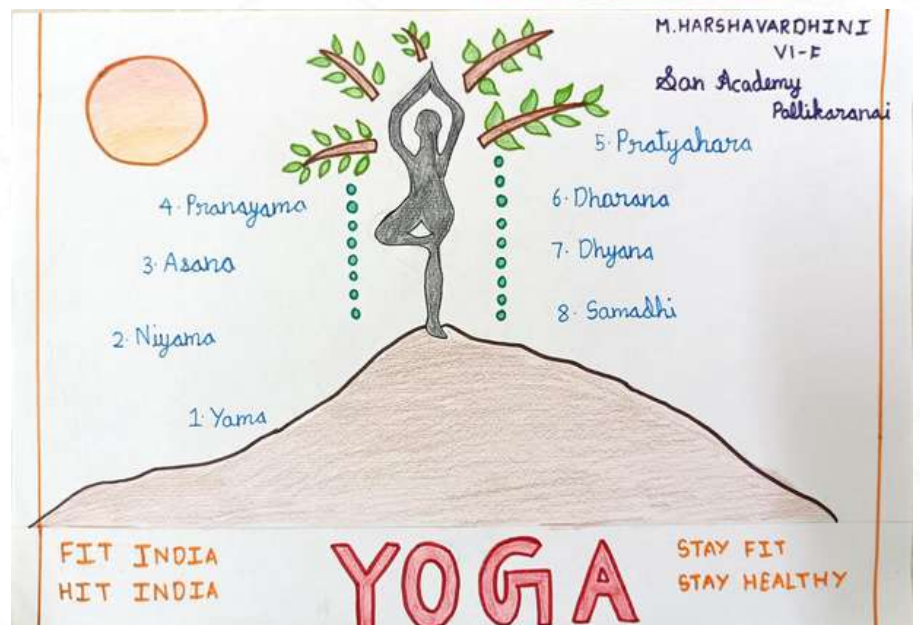
CBSE EXPRESSION SERIES

30.7.2022

CBSE conducted an Expression series for the month of July on **YOGA FOR FITNESS**.

Many students from San Academy, Pallikaranai participated actively in Essay writing, Poem writing poster designing and painting competition

The body achieves what the mind believes.....



SCHOOL NURSERY YOJANA

The School Nursery Yojana aims at involving school students in raising plant nurseries to bring them closer to the natural environment, help them understand the natural processes of germination, and feel the joy of watching saplings grow. It is a Ministry of Environment, Forests & Climate Change initiative.

The main objective is;-

- To connect young students with plants, create a sense of belonging and oneness with nature, and sensitivity towards plants and the living environment.
- To provide an opportunity for students to be in contact with soil, manure, and seed, which students in cities are often missing.
- To make students learn and appreciate the natural process of growing saplings.
- To grow saplings of various plants for herbal medicinal, ornamental, shrubs, trees and potted plants, etc. for planting in their neighborhood, take care and watch them grow.
- To identify and learn the various benefits of trees and plants.
- To provide students observe their neighboring trees, and collect seeds for use in nurseries.
- To encourage students to use plants grown by them for distribution to visiting dignitaries and the public on suitable occasions

As a part of this yojana, SAN Academy, Pallikaranai took an initiative in raising a nursery in the garden area. Students, teachers, and staff are encouraged to contribute seeds and help for the betterment.

**OUR FIRST HARVEST
AT SAN PAL NURSERY**



Awards & Recognition



- Vaels International school, Injambakkam organized an interschool competition, "KALAKRITI" for both junior and senior level students on 14/7/22 and 16/7/22 where Grade XI students- Shasrita.S, Aasma Ameen, Diya.M.Nair and Samyuktha Sampath Kumar of San Academy, Pallikaranai won Second place in the event Fashion Show-Haute Couture on the theme "Fashion on the Runaway" and class IX and X students ANNIE, JAESWAR, YADUNANDHAN, NIKITHA, SOUBARNIKA, ARNAV, VARUN, SAI VARSHINI won the third position in BOOGIE WOOGIE DANCE competition.



- Astra is an interschool cultural event conducted by BHAVAN'S RAJAJI VIDHYASHRAM with 25 events and 1000 participants. Our students from San Academy won third prize In a submission event called film parody(LOKIS MOCKERY). Chief guest Mr.Ajay rational and Resource person Mr. Abishek Shankar awarded the students. Overall students had great exposure and a great experience participating in the events



RESERVE BANK OF INDIA QUARTERS SCHOOL THORAIPAKAM, CONDUCTED CBSE INTER SCHOOL ATHLETIC COMPETITION ON 16.7.2022, OUR TWENTY-FIVE SAN STUDENTS PARTICIPATED IN VARIOUS EVENTS. AMONG THEM, 11 STUDENTS HAVE WON MEDALS IN RELAYS, SHOT PUT, RUNNING RACE, AND HIGH JUMP.



San Academy Students shine at district level athletic meet

A Team of Athletes from SAN Academy, Palikaranai Campus participated in the District level CBSE school Athletic Meet-2022 (Boys and Girls) and clinched 2 Gold medals, 4 Silver medals and 2 Bronze medals held in Reserve Bank of India Quarters School, Thoraipakam on 16th July, 2022.

Relay senior girls 4*100m (III position)

Haasini R.K IX C
Madhivathani K. IX C
Pranaya N. X A
Darshini sri R.O. X B

Boys senior 800m (II position)

Siddharth Balu IX B
Shotput Junior Girls
(II&III position)



Srinidhi B.S VIII A and Rachel Sebastian VIII C

Boys junior High Jump (II position)

Santhosh viswanathan VIII B

Boys junior 400m (I position)

Ajay Kanna B VIII C

Discuss throw junior girls (III position)

Rachel Sebastian VIII C
Boys junior 800 m
(I position)
Ajay Kanna B VIII C

The School Management accolades the Athletes for their spectacular feat.

- Our SAN STAR Adwitha Anand studying in the 1st std-A section of San Academy, Pallikaranai participated in the "The Creative Challenge - Performing Arts Category" Competition conducted by "Curious Times" Weekly Magazine. she has won the "Outstanding Performer Certificate" in "Story Telling".



- Dhinamalar's First Step Public School is committed to our children's general awareness and general knowledge. One such initiative is PATTAM magazine. Our SAN students enjoyed reading such magazine that is exclusively for kids.



- Our KG students of SAN Academy, pallikaranai went on for Field trip to Guindy Firestation, which was highly appreciated by THE TIMES OF INDIA



- Modern Senior secondary school, Nanganallur conducted an interschool competition under the theme of "Our Bharath Nation" on 29.07.22 among 22 schools in the surrounding areas. They conducted eight events such as dance, music, poster making, sloka, etc. In this interschool competition, six students from San Academy, Pallikaranai participated in dance, carnatic vocal and poster making competitions. S. Yagnyalakshmi of 7E and S. Aiswarya of 8B mesmerized the audience, chief guests and judges with their stunning performance with a mashup of classical and folk and they won first prize in the dance event. They got a lot of appreciation from the students, teachers and parents as well.



- Our SANSTARS Kathir Ezhil - 12 A
- Jebin Samuel - 12A
- L.N. Akhilesh - 12A
- Sai Karthik -12A
- Amrith Sebastin -12A
- Anish -12A

Participated in an District level Inter-school Foosket(Football and basketball) ball competition organized by Vidhya Mandir estancia School, Potheri and we secured first place





www.sanacademy.edu.in

San Academy, Pallikarani

*We are extremely delighted to share the outstanding results of
our Class 10 & 12 Students in the
CBSE Examinations 2021-2022*



Class 10 -1st Rank 97.80%

AALIYAHMARISA
Scored 489/500



Class 12-1st Rank 94.80%

SUSHMITHA.C
Scored 474/500

**CONGRATULATIONS
TO OUR STUDENTS
FOR STEPPING INTO
NEW MILESTONES**

5 CENTUMS IN MATHS CLASS-X

**Aaliyah Marisa
Dhanu Pragateesh
Raveena Anand
Tharun Adithyan
Sushil Krishna**

A close-up photograph of a bouquet of flowers. In the foreground, a light brown, rectangular paper tag is attached to a green ribbon. The tag has the words "Thank you!" written in a dark brown, cursive font. The tag is positioned over a cluster of light pink flowers with white centers. In the upper left corner, a large purple flower with a yellow center is visible. The background is filled with more pink flowers and green foliage.

Thank
you!